Wilderness First Aid Course Schedule

DAY 1
Morning
   Introductions
   Patient assessment

Afternoon
   Brain and spine injuries
   Spinal injury management
   Bone and joint injuries
   Scenario

DAY 2
Morning
   Review of patient assessment
   Chest injuries
   Respiratory distress
   Shock
   Wound management

Afternoon
   Bites and stings
   Allergies and anaphylaxis
   Submersion injuries
   Thermoregulation
   Hypothermia
   Heat injuries
   Lightning
   Abdominal issues
   Wilderness first aid kits
   Scenario
   Course wrap-up